

BELGIAN STROKE COUNCIL



2021 MEMBER NEWSLETTER - 2ND QUARTER

RENEW YOUR BSC MEMBERSHIP

Specialists & GP's: 50 €; Paramedics & specialists in training: 20 €; Students & patients: free
BE84.3101.4141.3659 (BIC: BBRUBEBB)
Please mention name and affiliation on payment

CALENDAR



European Stroke Organisation Conference 2021

Date: September 1-3rd 2021
Location: Virtual conference

4th Belgian Scientific Stroke Workshop

Platform for early-career (<35yo) stroke researchers to present their research to an audience of peers
Date: September 24th 2021
Location: ULB Erasme

20th Belgian Stroke Council Scientific Symposium

"Holistic stroke care over the last 20 years"
Date: December 4th 2021
Location: Provinciehuis, Leuven

CONTENT

CALENDAR

SCIENTIFIC
COMMUNICATIONS

STROKE ACTION PLAN
EUROPE

CALL FOR ABSTRACTS

CALL FOR COLLABORATION

GUIDELINE UPDATE

MEET THE STROKE TEAM

SCIENTIFIC COMMUNICATIONS



BELGIAN NETWORK FOR CLINICAL STROKE TRIALS (BeNET)

Many Belgian centers have gained experience in conducting stroke-related research over the years. In 2019, a formal network of Belgian clinical trial centers was created within a working group of the Scientific Board of the Belgian Stroke Council: the Belgian Network for Clinical Stroke Trials or 'BeNET'. The overall aim is to establish a sustainable Clinical Stroke Trials Network of Belgian hospitals to improve the efficiency of conducting high-quality clinical trials on stroke prevention, treatment and recovery, thus increasing access of Belgian patients to new stroke treatments.

BeNET is part of the Belgian Stroke Council with a separate steering committee currently lead by Robin Lemmens. In 2020, BeNET joined the European Stroke Organization Trials Alliance (ESOTA). Currently 16 sites are involved in BeNET and we would like to invite additional centers to join. Please send an email to robin.lemmens@uzleuven.be if you are interested in receiving more information or with a request to join BeNET.

STROKE ACTION PLAN EUROPE (SAP-E)

The Stroke Action Plan for Europe (SAP-E) 2018-2030 was created as a result of collaborative work between Stroke Alliance For Europe (SAFE), a coalition that represents stroke support organisations across Europe, and the European Stroke Organisation (ESO). SAP-E addresses the entire chain of stroke care from primary prevention until life after stroke. It provides a roadmap and outlines recommendations and targets for 2030 to nudge governments towards improving stroke care. More information on <https://actionplan.eso-stroke.org/>

If interested, please feel free to join the Belgian representatives, please contact Sylvie De Raedt (sylvie.deraedt@uzbrussel.be).



CALL FOR ABSTRACTS



2021 Helaers research prize

<https://belgianstrokecouncil.be/professionals/#prizes>

Deadline: May 31st 2021

2021 Scientific stroke workshop

Send 250 word abstract to belgianstrokeworkshop@belgianstrokecouncil.be

Deadline: June 30th 2021

CALL FOR COLLABORATION

Effect of virtual reality on gait pattern after chronic stroke (VUB)

Population: chronic (> 3 mo) stroke patients with persistent walking difficulties

Intervention: 2 treadmill walking sessions of 4x8 minutes

<https://rere.research.vub.be/deelnemers-gezocht>

rere-neuro@vub.be

Intensive Stroke Rehabilitation - HABIT-ILE (UCL Namur)

Population: chronic (> 6 mo) stroke patients with hemiparesis affecting the hand / arm

Intervention: 50 hours of intensive therapy spread over 2 weeks

<https://uclouvain.be/en/research-institutes/ions/cosy/motor-skill-learning-and-intensive-neurorehabilitation-lab-msl-in.html>

camp.habit.ile@gmail.com

GUIDELINE UPDATE

2020 ESC Clinical Practice Guideline on Management of atrial fibrillation

<https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Atrial-Fibrillation-Management>

2020 Canadian stroke best practice recommendations: Management of Spontaneous Intracerebral Hemorrhage.

<https://journals.sagepub.com/doi/full/10.1177/1747493020968424>

2021 ESO Guidelines on intravenous thrombolysis

<https://eso-stroke.org/intravenous-thrombolysis/>

2021 ESO recommendation for the use of short-term dual antiplatelet therapy early after minor stroke and high-risk TIA

<https://journals.sagepub.com/doi/full/10.1177/23969873211000877>

2021 ESO Guidelines on management of transient ischemic attack

<https://journals.sagepub.com/doi/full/10.1177/2396987321992905>

MEET THE STROKE TEAM

CHC Liège



Name : Stoquart Marine

Occupation : Occupational therapist

Part of the stroke unit since 2010

Why do you enjoy working as a member of the stroke team?

Working at the stroke unit has always challenged me, especially with regards to learning and perfecting different rehabilitation techniques. It has also faced me with the importance of interprofessional and holistic care and the difference this approach makes to our patients.

What improvements would you like to see in the future of stroke care?

First, I would like to see further growth towards holistic and multidisciplinary care for our stroke patients, where every member of the stroke team plays an important role. Second, I believe that high-level training courses should be made accessible to all members of the staff so they can continue working at the top of their technical and theoretical skills. I also believe communication between doctors and other stroke team members is really important and can be ameliorated.

Any advice for starting colleagues?

My first advice would be to remain curious and eager to learn. Stroke is very diverse which keeps our job interesting and fascinating. The second would be to seek to understand stroke pathology itself and the patient as a whole in order to provide the best possible care. The third advice would be to work as part of a team and to trust the judgement of your team members. We are all gravitating spheres around the patient working towards the same goal.

Stroke team metrics

*400 acute strokes/yr
8 monitored beds*

Stroke neurologists:

Dr Philippe Desfontaines

Dr Carla Ciobanu

Interventional

neuroradiologists

Dr Denis Brisbois

Dr Olivier Cornet

Dr François Dister

Rehabilitation physician

Dr Catherine Tourbach

Physiotherapists

Isabelle Malherbe

Bernadette Kroone

Occupational therapist

Marie Stoquart

Speech pathologists

Emilie Veys

Mathilde Pierrot

Social worker

Justine Jans

Study nurses

Ingrid Iezzi

Karima Bouaassam

Head nurse

Marc François

Contact:

philippe.desfontaines@chc.be